

February Newsletter

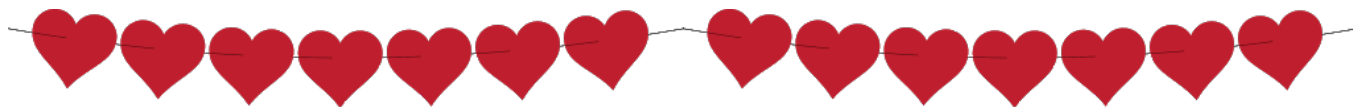
Important Dates

- February 13: Parent Peers, Empowering Parents Meeting at Unity Point School from 5:30-7 p.m. (provided by Centerstone for free). Register by contacting Brandy Moore at 618-457-6703 ext. 7772 or brandy.moore@centerstone.org. Check out the flyer [here](#).
- February 14: Student ½ Day
- **February 14: SAT practice test (using Naviance) – all juniors report to the gym & will receive their College & Career Binder from Mrs. Murphy!**
- February 17: No School
- February 18-21: Forecasting/Course Selection makeups and follow-ups
- February 18-21: Student Council Spirit Week
- February 21: Winter Pep Rally
- February 20: Interact Club Puppy Party 2 (during student's lunch) \$2 or item donation
- February 22: Terrier Talent Show at 7:00 p.m.
- March 6: Student ½ Day & Q3 Ends
- March 7: Solo & Ensemble at CCHS
- March 9-13: Spring Break
- April 1: SIH Summer Internship Application Due (see Mrs. Antrim or Mrs. Nelson)

College & Career Visits

- February 19: SIUC School of Health Sciences
- February 20: University of Alabama in Huntsville
- February 21: Eastern Illinois University
- February 25: US Army
- February 27: Western Kentucky University
- March 2: College of the Ozarks
- March 2: Timberline (Marion)
- March 3: Q&A with Mrs. Murphy: What should I do with the rest of my life?
- March 4: Eastern Illinois University
- March 18: Truman State University
- March 24: Wendy's Restaurants
- March 31: Laborers 773
- April 7: US Army
- April 7: Q&A with Mrs. Murphy: How do I read a financial aid letter?

***Have your student see Mrs. Antrim for information about summer opportunities, internships, and programs.**



February Newsletter

Senior Scheduling

Forecasting Process: students learned of senior options during SSR on January 21 (the presentation can be found [here](#)), and returned course selections the week of Jan. 27. I was available at lunch January 22-24.

Some thoughts to consider and/or talk with your student about:

- Does your requests match your interests & passions?
- Will your senior year schedule reflect **growth & rigor**?
- Are you interested in a special program (e.g., CNA, CEO, Cooperative Education, OJT, JALC Welding, Automotive, or ASL, or Teacher's Assistant)?
- Do you feel good about the English sections you chose?
- Is there balance in your schedule? Are you able to manage your time to be successful; eat and sleep; as well as enjoy the things you love (extra-curriculars, clubs, etc.)?
- Career-Bound Student: do your electives match your career plans? Now is a time to focus on your soft skills: attendance, work ethic (i.e., good grades), effective & thoughtful communication, professionalism, problem-solving, etc.
- Military-Bound Student: will your requests help you prepare for the ASVAB exam? Did you choose the right PE for you? Communicate with your recruiter.
- College-Bound Student: have you taken at least 3.0 credits of social studies? 3.0 or more of science? Did you add math senior year to round out 4.0 credits? Have you checked colleges-of-interest for *Admissions Requirements* (core expectations as well as world language and fine arts)?
- All Juniors: at the end of senior year will you have completed all CCHS graduation requirements (e.g., 19 credits; Consumer Education; specific course requirements, etc.)?

Classroom Visit Re-cap

While reviewing juniors' course selections, students were given time to work on activities to prepare them for life after high school. You can find the comprehensive list of activities shared [here](#) and resources/links shared [here](#).

Students were directed to complete the following:

- ✓ Transcript review
- ✓ SAT prep activity
- ✓ Create or update their resume
- ✓ Complete activities specific to their post-secondary path (à *la carte* style).
- ✓ Exit ticket

Exit Ticket Responses:

- How likely are you to attend the SAT Prep Sessions after school? (From 1, not at all → to 5, I will attend a majority of the sessions) --- students' response 3.13
- After completing your transcript review, how do you feel about your academic progress thus far? (From 1, it hurts to look → to 5, bring on the scholarship money) --- students' response 3.65

February Newsletter

- When students were asked what is one step you are going to make to improve your academic record, here are some responses (THESE ARE FABULOUS!)
 - Take more honors classes senior year
 - Work to get all A's
 - Budget time / balance schoolwork with test prep
 - Get involved in summer experiences & programs that enhance my aspirations
 - Show up to school every day
 - Take more classes related to my future career
 - Spend more time on homework & studying for tests
 - Work on time management; be sure my work schedule fits my school schedule
 - Stop putting stuff off & work my hardest with current circumstances
 - Take more AP classes
 - Grow my GPA
 - Use my planner and build good study habits
 - Key Words: stop being lazy
 - Study for upcoming tests & turn assignments in on time
 - Ask for help on the daily
 - Join more school activities
 - Keep pursuing my goals & never give up
- Which activities did you complete today? In order from highest # of students working on it to lowest # of students working on it:
 1. Checked my email and/or grades
 2. Created my resume
 3. Completed college search or created college list
 4. Explored college majors
 5. Looked at John A. Logan College Dual Credit / Enrollment or Program Guides
 6. Considered who my 3 recommenders and/or references may be
 7. Visited Common Application website & information
 8. Finished Naviance SuperMatch and favorite 3 or more colleges
 9. SAT prep
 10. Researched scholarship opportunities (merit-based, national, program-specific)
 11. Completed career searches
 12. Registered for upcoming College & Career Visits in Naviance
 13. Viewed military websites
 14. Less than 10 students: checked out NCAA requirements; looked at paying for college & net price calculators; completed Game Plan Survey or MI Advantage in Naviance; checked out Gap Year & Study Abroad options; added College Hunch app; contacted a military recruiter; checked out apprenticeships; registered for additional SAT or ACT; added US Army Career Navigator app; viewed ISBE career websites & Illinois Reality Check



February Newsletter

Junior Year: End of Year Goals

All Juniors: Meet individual and class GPA & SAT Goals

College-Bound: 3 or more colleges for which you plan to apply, resume (list of activities/accomplishments), exhibiting leaderships, building letters of rec., considering college major...

Career-Bound: solid career plan and back up plan, updating & perfecting resume, building references...

Military-Bound: which branch will you join, talked with recruiter, & studying for ASVAB...

Social/Emotional: Grow in effective communication, advocacy, build a problem-solving mentality, and show professionalism



Happy Valentine's Day



SPECIAL Section for Students—see noted trends & encouragement below!

- ✓ **ASK & SHARE!** Not sure what you want to do? College questions? Exciting news or achievements to share? Changes affecting your academic performance? -The more you ask, the more you know. The more you share, the more support made available.
- ✓ **FOCUS, FOCUS, FOCUS** on school! Keep your eye on the prize! Don't let anything get in the way of your success at CCHS—your education is the key to the next door / the ticket to the next event / the profile pic for your next "like" (okay, you get the point!).
- ✓ **CELEBRATE!** We had an incredible on-track percentage (i.e., number of students passing required classes last semester); however, Q3 grades are down. It's time to bring them up; remember **GRIT**. 😊
- ✓ **BE WELL!** Junior year can be tough & overwhelming. Remember you have been going to school for 11.5 years and have succeeded. You can do this! The best things achieved are the hardest paths to weave.
- ✓ **WORK HARD!** Consider your transcript (a.k.a. academic identity) this is the time to show your strength, perseverance, and growth. Again, you can do this; there is a CCHS team supporting you!